



# HAIR LOSS EVALUATION

Ask your dermatologist the following questions to evaluate and diagnose your hair loss.

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## 1. SCALP STATUS

a. When you examine my entire scalp, do you see any signs of scalp inflammation?

IF YES:

1. Where?

2. Please describe the inflammation.

3. Does the inflammation differ in thick vs. thinning regions?  
- If yes, please describe the differences.

4. Do you have any ideas what might be causing this inflammation?  
*Examples: microorganisms, autoimmunity, an allergy, too much shampooing, etc.*

b. Any other notable concerns when examining my scalp skin?

*Examples: dryness, dandruff, red blotches, scarring, infection, etc.*



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## 2. HAIR STATUS

a. When you examine my hair overall, do you see any notable changes to:

1. Hair counts?
2. Hair follicle cluster sizes?
3. Terminal-to-vellus hair ratios?

b. When you compare areas of hair loss vs. healthy hair, do you see relative changes to:

1. Hair counts
2. Hair follicle cluster sizes
3. Terminal-to-vellus hair ratios

c. Do you see signs of hair follicle miniaturization?



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## 3. DIAGNOSIS

1. Based on your overall assessment, what is my hair loss diagnosis?
2. Does my health history influence your diagnosis? If yes, how?
3. Does my scalp health influence your diagnosis? If yes, how?
4. Do you recommend any lab tests for me? If so, which ones?
5. What is your recommended course of treatment?